

Reflection for Sunday 03 June 2018 Corpus Christi (Solemnity)

From the book of Exodus 24:1-11

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We start with Moses bringing the Laws of God to the people and they agree to obey. Moses then writes these laws out and erects an altar and pillars to represent the 12 tribes of Israel, (this is representative of the 12 Apostles). God's desire to make a covenant with the Israelites is symbolized when Moses sprinkles them with the blood and says, "This is the blood of the covenant which the Lord has made with you in accordance with all these words of his."

Jesus said something similar at the last supper to the 12 apostles when, He took bread, and after giving thanks, he broke it and gave it to his disciples saying, "take this all of you and eat it, for this is my body;" then he took a cup filled with wine, and after giving thanks, he gave it to them, saying, "All of you drink from this chalice for this is my blood, the blood of the new and everlasting covenant, which is poured out for many for the forgiveness of sins. " (Matthew 26)

Jesus was the unblemished lamb that God provided for us as a sacrifice. Every time we can partake in the receiving of Holy Communion which is the Body and Blood of Jesus, we renew the covenant that God made with us. We are telling God that we are his people, and that we will obey him and the ten commandments.

The second reading from a work by St. Thomas Aquinas, Priest

How wonderful that Jesus came in human form and gave us himself as the only living sacrifice. Jesus proved how great his Love is for us by giving his life for all our sins, opened the gates of Heaven and instituted the Eucharist.

St Thomas put it so eloquently when he said, "O precious and wonderful banquet, that brings us salvation and contains all sweetness!" St Thomas is correct when he says that the Eucharist is the sacrament with the greatest healing power, and we should receive it as often as possible. Communion allows each one of us to bond in a private and spiritual marriage with Christ